Golf Basics: Tips on the Fundamentals of the Game

These tips on golf basics are great not only for beginners, but for golfers of all skill levels who need a refresher on the fundamentals such as the grip and the set-up position.

By the way, don't forget that one of the most basic of golf basics is this: *practice!* You'd be surprised how many people think they can get better at golf simply by playing every once in a while. You should always keep the focus on enjoying the game, but if you *also* want to become good at golf, making time to practice is a must. But before we get to the tips about golf basics that you can read or watch here, you may want to do more *offline* reading and watching later. So here are some recommendations

- Best Golf Instruction Books for Beginners: Seven of our favorite how-to books for absolute beginners.
- <u>Top Full Swing, Drills and General Instructional Books</u>: Here are 12 books that cover a broader array of topics, including the golf swing, and offer drills and faults-and-fixes type information.
- <u>Top 12 Instructional DVDs for Golfers</u>: If you want to watch, rather than read, golf instruction, here are recommended DVDs and DVD sets.

Now, on to the tips about golf basics ...

The Grip: Holding Onto Your Clubs

So many other problems with a golfer's swing can be helped simply by improving his or her grip. A good swing starts with knowing the proper way to place your hands on the handle of the golf club.

- 3 most common ways of gripping the club
- How to place the club in the lead-hand (top hand) grip
- How to place the club in the trailing-hand (bottom hand) grip
- How tightly should you hold the club?

The Setup: Taking Your Stance

Along with the grip, the setup position - how you stand as you prepare to swing at the golf ball - is one of the most fundamental of the golf basics.

- The proper golf setup position, step by step
- Why the setup is so important

Swing Basics

- Balance and rhythm in the swing
- Hit down, dammit! Understanding why hitting down makes the ball go up
- Drill: How to use a golf bag to work on swing plane

... and More Golf Basics

- The correct way to warm up before the round, and how it can improve your score
- Some ball-flight basics
- Golf etiquette
- The Rules of Golf

17 Quick Tips for Beginners and High-Handicappers

Here are 17 short, quick tips on subjects such as preparing for the round, hitting it farther, swing faults and fixes, shots around the green and the mental game.